

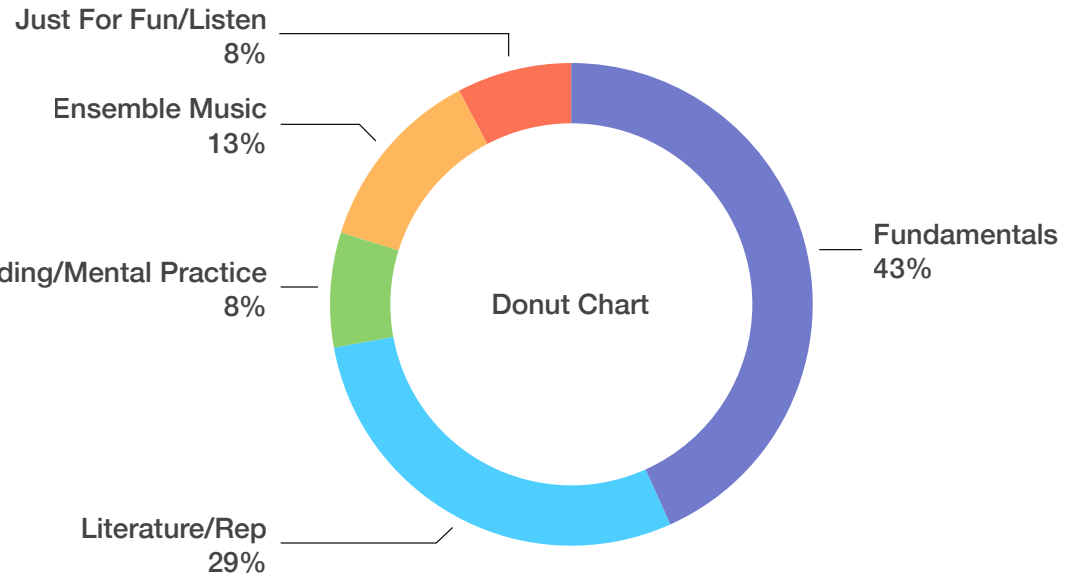
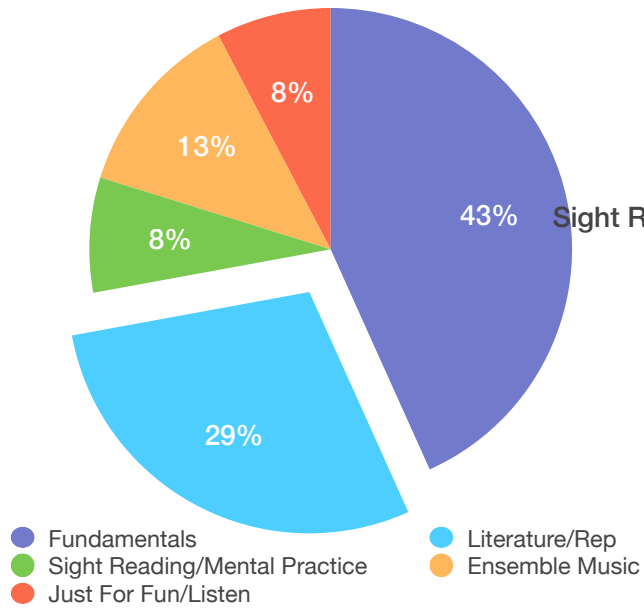
Practice Tips: Crystal Duckett, DMA

WHATEVER TIME YOU HAVE TO PRACTICE, THIS IS AN EXAMPLE OF EFFECTIVE USE OF YOUR TIME TO ENSURE THAT YOU CONTINUE TO GROW AS A MUSICIAN.

PRACTICE TIME BREAKDOWN

PRACTICE	
Fundamentals	45
Literature/Rep	30
Sight Reading/Mental Practice	8
Ensemble Music	13
Just For Fun/Listen	8

Pie Chart



Practice Strategies for Efficient Learning:

Chunk -N- Chain: Isolate small chunks, go SLOW, repeat, chain the chunks.

Half Time: Set your metronome to a speed you are close to handling and go half that speed then jump to tempo!

Counting Beans: Use something like 10 beans, 10 pennies, 10 paperclips (you get the idea) and repeat sections accurately until you reach 10 in a row!

Drone Wars: Practice passages using a drone to isolate and improve intonation.

Rhythm it Out: take small passages of evenly subdivided notes (i.e. 16th note runs) and play notes with different rhythms.

Backwards: Play things backwards.

Bop It: Only play the attack of complicated rhythms until you are confident with the passage, then play notes full value.